

The Immigration and Custom forms will ask where you are staying.
 The address is Jamaica Deaf Village/ 10 Shooters Hill/ Manchester/ Jamaica

Packing List and Tips

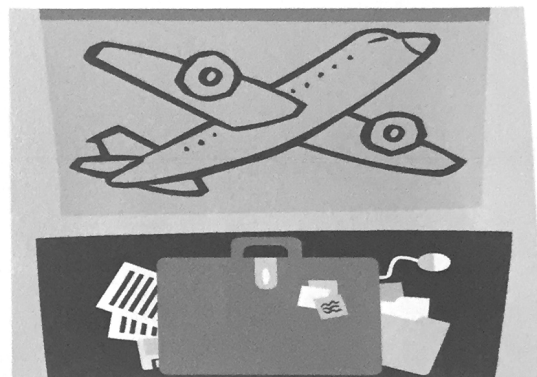
What to Bring

For the Individual

- Bible
- Sunscreen
- Insect repellent with at least 50% DEET
- Sunglasses
- Hat or Bandanna
- Lightweight long pants (for construction)
- Work gloves
- Work boots or other closed toe shoes (no sandals for construction)
- Short sleeved shirts (see "what not to bring")
- Dust mask
- Goggles
- Water bottle (labeled with your name)
- Any prescription or over the counter medications you may need – please keep in original bottles
- Appropriate dress for church. Ladies should bring one dress or skirt (see "what not to bring"). Men should bring one casual outfit for church.
- Flashlight, camera batteries
- Modest swimsuit (one-piece for females)
- Personal hygiene items
- Personal care items, such as deodorant, soap, toothbrush, toothpaste, shampoo, etc.
- If you wear contacts, do not rely solely on them; bring your glasses, too
- Large mesh bag for dirty clothes
- Photo copy of passport and airline ticket/itinerary

For the Group

- Required:** First Aid Kit (see enclosed sheet)
- Copy of each Release Form
- Small hand tools (hammer, mason trowel, measuring tape, etc. If members of team are skilled in particular areas, please advise them to bring some basic tools of their trade (electricity is 110 volts 50 cycle, which will work with US tools).
- Worship music and player or instruments to be used during devotions
- Free time activities such as volleyball, frisbee, football, soccer ball, kites, games, etc.



What NOT to Bring

- Short shorts or short skirts, tank tops, halter tops, t-shirts displaying cigarettes, alcohol products, two-piece swimsuits, or male racing swimsuits.**
- Please do not bring or expect to use any form of tobacco, alcohol or drugs
- Suggestion:** Because electrical outlets are limited and power cuts common, there is no guarantee that you will be able to use any electrical appliances like hair dryers, curling irons, razors, etc.
- We recommend no jewelry other than a watch and wedding ring. We do not accept responsibility for any lost or damaged items. Due to cultural differences, we ask that males do not wear earrings and females limit earrings to only one pair. We also ask that no one wear any other body piercing jewelry.
- Please limit electronic devices (IPOD, CD player, Game Boy, cell phone, etc.)

Linens